

# SEPTEMBER | 2019



## RIVER SCHOOL

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>2</b> NO SCHOOL LABOR DAY	<b>3</b> WELCOME BACK!!! ½ Day No Lunch Served	<b>4</b> Chicken Taco Fiesta Beans Tortilla Chips & Salsa Mixed Fruit Milk	<b>5</b> French Toast Chicken Sausage Patty Hash Brown Rounds Mandarin Oranges Milk	<b>6</b> Chicken Nuggets Garden Salad & Dressing Whole Grain Cheeze Its Strawberries Milk
<b>9</b> Cheese Crunchers Broccoli Pears Milk	<b>10</b> Cheeseburger Sweet Potato Fries Pineapple Milk	<b>11</b> Orange Chicken Brown Rice Broccoli Banana Fortune Cookie Milk	<b>12</b> Quesadilla Fiesta Beans Salsa Mandarin Oranges Milk	<b>13</b> Rotini Pasta Green Beans Breadstick Peaches Milk
<b>16</b> Turkey Ham and Cheese Stuffer Peas Slushie Pears Milk	<b>17</b> Mini Corn Dog Carrots Peaches Chips Milk	<b>18</b> Macaroni and Cheese Green Beans Garlic Bread Oranges Milk	<b>19</b> Chicken Tenders Broccoli Strawberry Cups Pears Milk	<b>20</b> Meatloaf Mashed Potatoes Garden Salad & Dressing Fruit Milk
<b>23</b> Cheese Omelet Chicken Sausage Link Potato Triangle Mixed Fruit Milk	<b>24</b> Boneless Wings Carrots Sun Chips Orange Milk	<b>25</b> Cheese Lasagna Garlic Bread Tossed Green Salad Fruit Milk	<b>26</b> Hamburger Baked Beans Slushie Pineapple Milk	<b>27</b> Turkey & Cheese Sub Cucumber Slices & Ranch Applesauce Cup Chips Milk
<b>30</b> Bosco Sticks Marinara Vegetable Medley Pineapple Milk	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

### **BREAKFAST**

#### **Monday**

Mini Cinnis  
 Fruit  
 Juice  
 Milk

#### **Tuesday**

Cereal  
 Graham Crackers  
 Fruit  
 Juice  
 Milk

#### **Wednesday**

Frudel  
 Whole Grain Pretzel Rod  
 Fruit  
 Juice  
 Milk

#### **Thursday**

Muffin  
 String Cheese  
 Fruit  
 Juice  
 Milk

#### **Friday**

Benefit Bar  
 Yogurt  
 Fruit  
 Milk  
 Juice

All meals are served with a choice of 1% White or Fat Free Chocolate Milk.

This institution is an equal opportunity provider.

Menu Subject to change.