

Michigan Department of Education
Local Wellness Policy Assessment Plan

School Name: River School.

Date: Dec 2019

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
<p>Example: Food and beverages will not be used as a reward for students.</p>	<p>a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.</p>	<p>Before the beginning of next school year.</p>	<p>- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.</p>	<p>Principal</p>	<p>Teachers, staff, students</p>	<p>Yes</p>
<p>Encourage students to increase consumption of healthful foods during the school day.</p>	<p>1. Have a healthy snacks will be kept on hand during the school day. 2. Provide breakfast + lunch to all students. 3. Share baskets promote additional healthy choices</p>	<p>Reg. of 2019-2020 school years</p>	<p>- Food service logs</p>	<p>Laura</p>	<p>Staff + students</p>	<p>Yes</p>
<p>Require students to select a fruit or veg. as part of a reimbursable meal.</p>	<p>1. Offer vs. serve All students are provided all meal components.</p>		<p>Food service logs</p>	<p>Christine</p>	<p>students</p>	<p>Yes</p>

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Reimbursable school meals must meet USDA requirements	balanced monthly breakfast + lunch menus		monthly menus, revisions to menus	Christine	students	

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Establish nutrition standards for foods + beverages provided to students during the school day (parties, snacks, etc)	see back	June 2020	1. sample documents 2. meeting notes 3. published document	Laura	staff, students, parents, wellness comm.	

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to	Action Steps	Timeline	Measurement How is progress	Lead	Stakeholders Who will be involved	Complete?

District will ensure ~~publishing~~ ^{obtaining} recommendations are fully ~~adopted~~ ^{adopted} by

1. ~~Review~~ ^{Obtain} samples of other districts' standards
2. Review and analyze sample documents with wellness committee
3. Determine standards appropriate to River School
4. Create document
5. Motion to accept by wellness com.
6. Publish final standards

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Marketing and advertising is prohibited						

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Students in grades 6-8 have the opportunity to participate in interscholastic sports	<ul style="list-style-type: none"> Collaborate with EOPS for R.S. Students to participate on sports teams. 	August 2020	<ul style="list-style-type: none"> Emails Participation Lists 			
	<ul style="list-style-type: none"> Meet w/ EOPS AD Provide info. to families Attempt to arrange transportation 		<ul style="list-style-type: none"> Home communication s 			

Provide clean, attractive environment to eat

accomplish?	What activities need to happen?	Start dates	measured?	Person	and/or impacted?	