

SEPTEMBER | 2022



RIVER SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 ½ Day NO LUNCH SERVED	30 CHICKEN NUGGETS POTATOES WHOLE GRAIN CHEEZ-ITS STRAWBERRIES MILK	31 QUESADILLA FIESTA BEANS SALSA MIXED FRUIT MILK	1 CHEESEBURGERS CARROTS CHIPS BLUEBERRIES MILK	2 NO SCHOOL
5 NO SCHOOL	6 PBJ GARDEN SALAD CARROTS FRUIT MILK	7 FRENCH TOAST CHICKEN SAUSAGE HASH BROWN ROUNDS ORANGES MILK	8 TURKEY & CHEESE SANDWICH BROCCOLI MELON MILK	9 TURKEY HAM AND CHEESE STUFFER PEAS SLUSHIE PEARS MILK
12 TACO WRAP FIESTA BEANS TORTILLA CHIPS & SALSA MIXED FRUIT MILK	13 PBJ BROCCOLI STAWBERRY CUP OR PEACH CUPS MILK	14 TURKEY AND CHEESE SANDWICH ZUCCHINI & RANCH APPLESAUCE CUP CHIPS MILK	15 TURKEY HAM AND CHEESE SANDWICH CARROTS & RANCH FRUIT MILK	16 MINI CORN DOGS MIXED VEGETABLES FRUIT GOLD FISH CRACKERS MILK
19 SLOPPY JOES MASHED POTATOES PEARS MILK	20 PBJ BROCCOLI PEACHES MILK	21 ORANGE CHICKEN FRIED RICE FAR EAST VEGETABLES APPLESAUCE WG MUFFIN MILK	22 PIZZA LUNCHABLE GRAPE TOMATOES PINEAPPLE MILK	23 ROTINI PASTA GARLIC BREADSTICK GREEN BEANS FRUIT MILK
26 CHICKEN SMACKERS GARDEN SALAD CARROTS FRUIT MILK	27 PBJ BAKED BEANS PEACHES SUN CHIPS MILK	28 HAM, CHEESE AND VEGGIE OMELET CHICKEN SAUSAGE POTATO TRIANGLE WG BISCUIT FRUIT MILK	29 TURKEY HAM AND CHEESE LUNCHABLE CAULIFLOWER ORANGES MILK	30 QUESADILLA FIESTA BEANS TORTILLIA CHIPS & SALSA MIXED FRUIT MILK

BREAKFAST

Monday
 Cinnamon Rolls
 Fruit
 Juice
 Milk

Tuesday
 Cereal
 Graham Crackers
 Fruit
 Juice
 Milk

Wednesday
 Pancakes
 Fruit
 Juice
 Milk

Thursday
 Benefit Bar
 Fruit
 Juice
 Milk

Friday
 Muffin
 String Cheese
 Fruit
 Juice
 Milk

This institution is an equal opportunity provider.

Menu subject to change.

All meals are served with a choice of 1% white of fat free chocolate milk.