

NOVEMBER | 2022



RIVER SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31
CHICKEN SMACKERS
POTATOES
PRETZELS & HUMMUS
APPLESAUCE
MILK

1
PBJ
BROCCOLI
PEACH CUPS
MILK

2
CHICKEN NUGGETS
GARDEN SALAD
CARROTS
WHOLE GRAIN CHEEZ-ITS
STRAWBERRIES
MILK

3
COLD SANDWICH
GRAPE TOMATOES
FRUIT
MILK

4
CHEESEBURGERS
MIXED VEGETABLES
CHIPS
BLUEBERRIES
MILK

7
BBQ BEEF RIB
SANDWICH
POTATOES
APPLE SLICES

8
TURKEY HAM WRAP
GARDEN SALAD
CARROTS
PEACHES
MILK

9
BOSCO STICKS
MARINARA SAUCE
MIXED VEGETABLES
PEARS
MILK

10
PBJ
GRAPE TOMATOES
MIXED FRUIT
CHIPS
MILK

11
PIZZA LUNCHABLE
COLD VEGETABLE
FRUIT
MILK

14
TACO WRAP
FIESTA BEANS
TORTILLA CHIPS &
SALSA
MIXED FRUIT
MILK

15
PBJ
BROCCOLI
STAWBERRY CUP OR
PEACH CUPS
MILK

16
TURKEY HAM WRAP
ZUCCHINI & RANCH
APPLESAUCE CUP
CHIPS
MILK

17 Thanksgiving Feast
Turkey & Gravy
Mashed Potatoes
Corn
Stuffing
Fruit
Cookie
Milk

18
CHICKEN SANDWICH
POTATOES
CARROTS & RANCH
FRUIT
MILK

21
SLOPPY JOES
COOKS CHOICE
VEGETABLE
PEARS
MILK

22
PBJ
BROCCOLI
PEACHES
MILK

23
NO
SCHOOL

THANKSGIVING
BREAK!

24
NO
SCHOOL

HAPPY
THANKSGIVING!

25
NO
SCHOOL

THANKSGIVING
BREAK!

28
CHICKEN SMACKERS
GARDEN SALAD
CARROTS
APPLE SLICES
MILK

29
PBJ
BROCCOLI
PEACHES
SUN CHIPS
MILK

30
CHEESE OMELET
CHICKEN SAUSAGE
POTATO TRIANGLE
WG BISCUIT
ORANGES
MILK

1

2

BREAKFAST

Monday

Frudel
Fruit
Juice
Milk

Tuesday

Cereal
Graham Crackers
Fruit
Juice
Milk

Wednesday

Waffles
Fruit
Juice
Milk

Thursday

Super Donut
Fruit
Juice
Milk

Friday

Fruit Bread
Fruit
Juice
Milk

This institution is an equal opportunity provider.

Menu subject to change.

All meals are served with a choice of 1% white of fat free chocolate milk.